

### **Trauma- Focused Cognitive Behavioral Therapy or Parent Child Interaction Therapy**

Delaware Guidance Services 302-678-3020

Malia Boone LPCMH, Daniel Boone, LPCMH, Tiffany Jester MS, NCC

Center for Mental Wellness 302-674-1397

Christina Lanouette, LCSW, Jenna Mahoney, MA

Shannon Moyer, LPCMH 302-420-8846

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### **BOOKS**

If Your Adolescent Has Depression Or Bipolar Disorder by Dwight Evans, M.D.

Mind Race by Patrick Jamieson, Ph.D

If Your Adolescent Has An Anxiety Disorder by Edna Foa, Ph.D.